



**FACEMASTER
PLATINUM
INSTRUCTION
MANUAL**



FACEMASTER PLATINUM INSTRUCTION MANUAL

page 2 : GETTING STARTED

page 3 : FACEMASTER UNIT

page 4 : WANDS

page 5 : EYE MODE

page 6 : FACE MODE • CHEEKS

page 7 : FACE MODE • JAW

page 8 : FACE MODE • MOUTH

page 9 : FACE MODE • FOREHEAD

pages 10 + 11 : FEATHERING

GETTING STARTED

Remove green paper from battery. Turn over unit and open lid. Align + and - as shown in battery opening. Insert battery and close lid.

The unit should arrive with the Hand Wands plugged in **7**. Make sure wand cord is securely plugged in or the unit will not function. To use the Finger Wands, simply unplug the Hand Wands and plug in the Finger Wand cord until you hear it click. Place the Finger Wands on the tips of thumb and index fingers. Secure velcro straps until snug.

Place foam caps onto the tips of wands. Store extras in the covered well **8** of the FaceMaster unit.

Squeeze FaceMaster Conductive Serum into the open well **10**.

Dip wand tips into Conductive Serum and thoroughly moisten.

Press Power Button. **1**

When you first turn it on, the unit will be in idle mode, and the beeper will sound every second.

To activate the unit, simply press wand tips together. Wands are activated when the LCD Display **2** begins to count down and the beeper sounds every 10 seconds. To turn beeper off, simply press Beeper button **6**.

FaceMaster automatically sets to an average intensity level. For sensitive skin, or when just starting out, feel free to lower the intensity to a comfortable level **3**. As you become more familiar, you may increase the intensity, as desired. All intensity levels will achieve results.

Begin your FaceMaster routine on one side of the face, starting with Eyes, Face, then Feathering. Then repeat the exercises on the other side.

NOW YOU ARE READY TO GO!!

FACEMASTER UNIT



- | | |
|-----------------------------|--|
| 1 Power Button | 6 Beeper On/Off |
| 2 LCD Display | 7 Plug for wands |
| 3 Intensity Selector | 8 Foam cap well |
| 4 Program Selector | 9 Hand wands |
| 5 Feathering | 10 Conductive Serum or Peptide Serum well |

Make sure to watch the FaceMaster Instructional DVD where Suzanne takes you step by step through her spa routine!

WANDS

FaceMaster Platinum provides two choices - Hand Wands or Exclusive New Finger Wands

Select either set of wands, and follow the simple instructions for your FaceMaster routine.



HAND WANDS



FINGER WANDS



Ergonomically designed for comfort

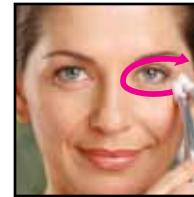
Place the Finger Wands on the tips of thumb and index finger. Leaves one hand free!

See p.12 for Contraindications, Precautions, and Warnings.

EYE MODE



Setting automatically begins with Eye Mode for 3 minutes. Now that the unit is activated, indicated by the digital timer counting down, you are ready to begin. If the counter runs out and you want to spend longer on the eyes, simply press the program button until it resets to Eye Mode.



1. EYE ORBIT:

One wand remains stationary at the outside corner of eye. The other wand circles the eye 10 times.



2. EYE HOLLOW • UNDER EYE:

Both wands remain stationary with a light touch.



3. UPPER LID LIFT:

Both wands remain stationary with a slight lifting.



4. BROW LIFT • 4 POSITIONS:

One wand lifts under the brow and pulls it up. Place the other wand over the brow directly above the first wand. Lift for 10 seconds in each of the four positions.



5. TEMPLE SLIDE • 2 POSITIONS:

Wands start together at outside corner of the eye. Slide outside wand up the temple to the hair line. Hold for 10 seconds. Position two - wands start together at the corner of the eyebrow. Slide and hold for 10 seconds.

FACE MODE



After 3 minutes of the Eye Mode, the FaceMaster automatically proceeds to the Face Mode for 12 minutes. Tap the wand tips together to activate. If the counter runs out and you want to spend longer on the face, simply press the program button until it resets to Face Mode.

CHEEKS



1. CHEEK LIFT:

Place one wand at the inside corner of the eye with the other wand at the corner of the nose. Use a light touch for 10 seconds.



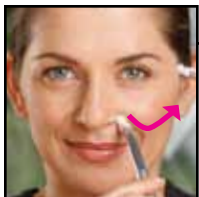
2. CHEEK SCULPTING • 4 POSITIONS:

One wand remains stationary at lower temple. Lift cheek muscle with the other wand at each of the four positions along the "puppet line" for 10 seconds.



3. CHEEK PINCH:

Both wands remain stationary with a light pinch in the hollow of cheekbone.



4. CHEEK SLIDE:

One wand remains stationary at lower temple. The other wand slides from corner of nose all the way under the cheek muscle. Repeat three times.

FACE MODE



JAW



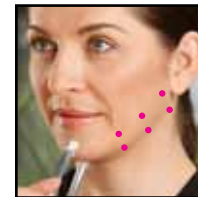
1. JAW LIFT • 4 POSITIONS:

Using a light touch, place one wand at corner of the nose and the other wand at outside corner of the jaw. Hold for 10 seconds. Repeat in each of the four positions.



2. JAW SLIDE • 4 POSITIONS:

Place both wands together under the jaw. Slide one wand up about 1 1/2". Hold for 10 seconds. In each of the four positions, slide and hold for 10 seconds.



3. JAW PINCH • 4 POSITIONS:

Place one wand under jaw. Use the other wand to pinch just above jaw. Hold for 10 seconds in each of the four positions.



4. UNDER JAW SLIDE:

One wand remains stationary at center of the chin. The other wand slides along jaw. Repeat three times.

FACE MODE



MOUTH



1. LOWER LIP POUT:

Place wands at lower outside corners of mouth. Slide wands together to create a pout. Hold for 10 seconds.



2. UPPER LIP POUT:

Place wands at upper outside corners of mouth. Slide wands together to create a pout. Hold for 10 seconds.



3. SMILE PINCH:

Place one wand at outside corner of mouth and the other wand beside nostril. Lift and pinch to bring smile upward.



4. SMILE LIFT:

Place one wand under outside corner of mouth and the other wand at upper corner of mouth. Pinch and lift for 10 seconds.

FACE MODE



FOREHEAD



1. FOREHEAD SLIDE • 4 POSITIONS:

Place wands together in center of forehead. Slide wands in opposite directions, one to the hairline and the other to the top of eyebrow. Hold at end position for 10 seconds. Repeat in each of the four positions.



2. BROW FURROW:

Place wands together between brows and draw wands apart, about 1/2" into each brow. Hold for 10 seconds.

Now that you have finished one half of your face, go back to the beginning and repeat the steps on the other side.

Next we move on to Feathering. In the Feathering mode, you may continue to use the Conductive Serum, or for extra anti-aging benefits, use the FaceMaster Collagen Enhancing Serum with Peptides.

FEATHERING MODE



Feathering Mode acts like a wrinkle eraser, reducing fine lines. This mode is automatically set to begin after the Face Mode. If the counter runs out and you want to spend longer on feathering, simply press the Feathering Button. Timer will reset to 12 minutes.

FACEMASTER COLLAGEN ENHANCING SERUM WITH PEPTIDES

- Using a tissue, clean out the remaining FaceMaster Conductive Serum from the well.
- Wipe Conductive Serum off face with a damp washcloth.
- Refill well with FaceMaster Collagen Enhancing Serum with Peptides.
- Apply a thin layer of Collagen Enhancing Serum over the entire face.

Collagen Enhancing Serum improves the skin's firmness and texture, while helping to reduce the appearance of fine lines and wrinkles.



1. CROW'S FEET:

One wand remains stationary at edge of crow's feet. The other wand zig zags over wrinkles around the eye in a light motion.



2. CORNER OF MOUTH:

One wand remains stationary at corner of mouth. The other wand zig zags over area near mouth.



3. PUPPET LINES:

One wand remains stationary at corner of nose. The other wand zig zags over puppet lines.

FEATHERING MODE



4. UPPER LIP:

One wand remains stationary at center of upper lip. The other wand zig zags over top lip.



5. CHIN:

One wand remains stationary at center of chin. The other wand zig zags over chin.



6. BROW FURROW:

One wand remains stationary between the eyes. The other wand zig zags over the brow furrow lines.



7. FOREHEAD:

One wand remains stationary at outer edge of forehead. The other wand zig zags over forehead.

- FaceMaster Conductive Serum - not intended to remain on skin. Cleanse face after treatment.
- FaceMaster Collagen Enhancing Serum with Peptides - additional anti-aging benefits may be absorbed by leaving serum on face overnight. For daytime use, cleanse skin after treatment.

CONTRAINDICATIONS

The FaceMaster® is contraindicated for people with cardiac pacemakers, implanted defibrillators or stimulators, or with implanted electronic devices. The FaceMaster® also is contraindicated for people with any surgical implants in the facial area.

Do not place any probe on the neck region. Application of electricity to the carotid artery (located under the jaw) could result in dizziness and/or fainting.

Do not place probes anywhere other than on the face. In particular, do not place probes on opposite sides of the head or in any other way that could cause current to flow through the head.

PRECAUTIONS

Your FaceMaster® is designed for use on healthy faces by healthy people. If this is not the case for you, please consult your doctor before use.

Headache and other painful sensations have been reported during or following electrical stimulation to the head and face. Lowering the intensity may reduce or eliminate these sensations. There also may be a perception of flashing lights during the use of your FaceMaster® resulting from the stimulation of your optic nerve. If you notice this condition constantly and without the use of your FaceMaster®, please consult your doctor.

The intensity level for the Eye Mode is limited to one half the level used on the Face Mode. Do not use the Face Mode setting in the eye area.

Please review the instructional DVD and usage manual before using your FaceMaster®. This product is designed for cosmetic purposes only, and is designed specifically for your face - do not use on any other body parts.

WARNINGS

The safety of this device for use during pregnancy or birth has not been established.

Electronic monitoring equipment (such as ECG monitors and ECG alarms) may not operate properly when the FaceMaster® is in use.

FaceMaster® stimulation should not be applied over, or in proximity to, cancerous lesions.

The FaceMaster® should be applied only to normal intact skin, and stimulation should not be applied over open wounds, over swollen, infected, or inflamed areas or skin eruptions, or over areas of skin that lack normal sensation.

If you have any medical concerns, such as a severe medical illness, epilepsy or seizures, or recent facial surgery, please consult your doctor before using the FaceMaster®.

Potential adverse reactions may include electrode burns, skin irritation, or redness.

For adult use only. Keep out of reach of children.

WARRANTY

The FaceMaster® carries a 1 year warranty against defect in material and workmanship. If the unit is not working properly due to manufacturing defects, please email or call:

(800) 770-2521
www.facemaster.com

Instructions will be given on replacement of the unit at no charge. Return the unit, along with an \$8.00 check or money order to cover return shipping and handling charges. Please be sure to include information about the nature of the problem along with a copy of your receipt showing date and place of purchase, and your name, address and phone number. This warranty does not cover damage to finishes from normal wear, nor does it cover damages resulting from misuse, dirt, water, tampering, unreasonable use, service performed or attempted by unauthorized service agencies, operation with other than a nine volt battery, or any other abuses. Some states do not allow limitation on how long an implied warranty lasts, so the above limitation may not apply to you. Before returning your unit for service, always test it with fresh batteries. The trouble may simply be worn-out batteries, which need replacement.



For more information,
go to **facemaster.com**.

Enjoy our extensive FAQ section,
and please call on our
friendly customer service
for any questions!

Made exclusively for:
FaceMaster® of Beverly Hills
Calabasas • CA • 91302

1.800.770.2521 • facemaster.com

300022-A